

# Men's Spring Basketball League Midtown YWCA/Minneapolis Sports Center

2121 East Lake Street, Minneapolis, MN 55407

League Coordinator: Lucas Crawford 612-215-4321



**NEW!**

Members and Non-Members Welcome!  
10 week season (includes playoffs)

Registration begins: Tues, June 1, 2010  
Registration ends: Tues, June 22, 2010

Games begin:  
Monday, June 28, 2010

Games end:  
Monday, August 30, 2010

Game times rotate weekly  
(Depending on the number of teams)  
Possible game times:  
6:00, 6:55, 7:50, 8:45, 9:40pm

eliminating racism  
empowering women  
**ywca**

**\$500.00 per team**  
Individual sign-up welcome  
No more than 10 players per team  
Must be 18 or older

Early registration is highly recommended!

## Game Rules:

- A. In order to start the game, 4 players from the official team roster must be present.
- B. Forfeit time is 5 minutes past game start time.
- C. Any team forfeiting please notify the League Coordinator 24 hours prior to the scheduled game time.
- D. Only players on the official team roster will be allowed to play for their team. The league coordinator and the opposing team captain must approve substitutes.
- E. All teams must have **numbered, matching dark and light** shirts/jerseys. Teams that do not have matching/numbered jerseys will be issued a technical foul to start the game. You can order team shirts/jersey's and shorts at: [www.designer-sports.com/teams/ywcabasketball](http://www.designer-sports.com/teams/ywcabasketball)
- F. Each team is allotted two 30 second timeouts per half.
- G. Each game consists of two 20 minute halves. First half is running time. Second half is running time until the last 5 minutes. If a team is in the lead by 15 points or more with less than 5 minutes left in the game it will stay running time. If the lead falls below 15 points, the clock will stop on dead ball situations.
- H. Substitutions can be made on dead ball situations only. The referee and scorer must acknowledge the substitute and buzz them in. A technical foul will be given if a substitute goes into the game without being acknowledged by both the referee and the scorekeeper.
- I. Bonus situation occurs on the 7<sup>th</sup> foul in each half. Double bonus occurs on the 10<sup>th</sup> foul in each half.
- J. Players are allotted 6 fouls during the game.
- K. Overtime will be two minutes. The first minute will have a running clock and the last minute will be stop-time. Double OT is sudden victory.
- L. NO PRESSING if your team is up by 20 or more points in the second half.
- M. All players must address the referees and scorers in a polite, adult manner. This league promotes good sportsmanship!
- N. The league is a 9-week season including playoffs. Teams are not guaranteed 9 games.
- O. No refunds of league fees.
- P. NO JEWELRY CAN BE WORN DURING LEAGUE PLAY!

## YWCA Policy:

- A. All players and must present a valid photo ID and sign in at the check in desk for admittance – no exceptions!
- B. All guests 13 and older must present a valid photo ID and sign in at the check in desk for admittance – no exceptions!
- C. Any fighting, be it physical or verbal, will result in suspension or ejection from the league. There will be no refunds. No exceptions.

**YWCA Men's Basketball League Team Roster**  
**ATTN: Lucas Crawford**

Team Name: \_\_\_\_\_

Captain Name: \_\_\_\_\_ (H) Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_ (W) Phone #: \_\_\_\_\_

Visa    MasterCard    American Express    Discover    (circle one)

Credit Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

League Fee: \$500.00 per team - Fax: 612-215-4334  
\*Team shirts/jersey's/shorts available at: [www.designer-sports.com/teams/ywcabasketball](http://www.designer-sports.com/teams/ywcabasketball)

	Player Name	Address	Phone #
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

# Spring 2010

## Registration Information

**League Fee:** \$500.00 per team. Team shirts/jerseys and shorts available through Designer Sports online store at: [www.designer-sports.com/teams/ywcabasketball](http://www.designer-sports.com/teams/ywcabasketball). Teams must pay with one check (made payable to YWCA of Minneapolis) or charge (Visa, Discover, American Express or MasterCard). When registering by fax the credit card info must be on the team roster. (Fax) 612-215-4334. All team payments are non-refundable.

Team standings will be posted at: [www.ywcampis.org](http://www.ywcampis.org)

### Registration

**Begins:** Tuesday, June 1, 2010  
**Ends:** Tuesday, June 22, 2010  
No late registrations/payments will be taken.

### League

**Begins:** Monday, June 28, 2010  
**Ends:** Monday, August 30, 2010

**Venue:** Minneapolis Sports Center / Midtown YWCA  
2121 East Lake Street, Minneapolis, MN 55407

**Game Times:** 6:00, 6:55, 7:50, 8:45, 9:40pm – game times rotate weekly

### Notes

- ❖ No more than 10 players/team.
- ❖ All registrations must be completely filled out with first and last names of all players.
- ❖ You **MUST** present your photo ID at the check in desk each week - no exceptions!
- ❖ **NON-MEMBERS WELCOME!**

If you have any questions or comments please contact Lucas Crawford		
Phone: 612-215-4321	E-mail: <a href="mailto:lcrawford@ywca-minneapolis.org">lcrawford@ywca-minneapolis.org</a>	Fax: 612-215-4334

YWCA of Minneapolis  
Men's Basketball League  
Team/Player Sportsmanship Expectations

We value the following:

- Open and visible displays of sportsmanship.
- Playing fair.
- Honesty and integrity.  
No “dirty fouls”, ineligible players, etc.
- Respect for the opponents effort.  
No gloating, belittling, minimizing opponent’s effort, trash talking, etc.
- Acceptance of the officials calls.  
Part of the human condition is making mistakes. Arguing with an official over a judgment call simply wastes energy. Teams with good sportsmanship know that errors may be made, but also know that a game is made up of all the plays and calls from the beginning to the end of the game, not just the call in dispute.
- Ending games smoothly.  
Pouting, threatening, or cajoling has no place in the life of teams with good sportsmanship who emphasize the joy of participating, regardless of the outcome.
- Safety of all players.  
Rough play will not be allowed. Any fighting, be it physical or verbal, will result in suspension or ejection from the league.