

DATE EFFECTIVE - WEDNESDAY, JUNE 9

Midtown Play Zone and Fit Kids Gym Schedule PLAY ZONE RESERVATION LINE: (612) 215-4360

SERVICE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Play Zone	8:30 am - 12:30 pm	8:30 am - 12:30 pm	8:30 am - 12:30 pm	8:30 am - 12:30 pm	8:30 am - 12:30 pm
Play Zone	4:00 - 8:00 pm	4:00 - 8:00 pm	4:00 - 8:00 pm	4:00 - 8:00 pm	4:00 - 7:30 pm
Fit Kids Gym	8:30 am - 12:30 pm	8:30 am - 12:30 pm	8:30 am - 12:30 pm	8:30 am - 12:30 pm	8:30 am - 12:30 pm
Fit Kids Gym	4:00 - 8:00 pm	4:00 - 8:00 pm	4:00 - 8:00 pm	4:00 - 8:00 pm	4:00 - 8:00 pm

WEEKEND

SERVICE	SATURDAY	SUNDAY
Play Zone	8:45 am - 1:00 pm	8:45 am - 1:00 pm
Fit Kids Gym	8:45 am - 1:00 pm	8:45 am - 1:00 pm

Reservations are always required at Midtown for Play Zone. Walk-ins are available for the Fit Kids Gym.

Uptown Kids Zone Schedule KIDS ZONE RESERVATION LINE: (612) 215-4218

SERVICE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Kids Zone AM	8:45 am - 12:30 pm	8:45 am - 12:30 pm	8:45 am - 12:30 pm	8:45 am - 12:30 pm	8:45 am - 12:30 pm
Kids Zone PM	4:00 - 7:30 pm	4:00 - 7:30 pm	4:00 - 7:30 pm	4:00 - 7:30 pm	4:00 - 7:30 pm

WEEKEND

SERVICE	SATURDAY	SUNDAY
Kids Zone	8:45 am - 1:00 pm	8:45 am - 1:00 pm

Reservations are always required at Uptown for Kids Zone.

NEW! Outside Play Time at Midtown

Fit Kids Gym will be using the outside playground when weather permits. Check-in and out will happen outside at the playground during these times. Families are welcome.

Begins June 16th

6:30 - 7:30 pm on Wed. & Thurs.

10:30 am - 12:00 pm on Saturdays

See The Source for details on both events and for more family fun!



Midtown GO! Youth Group Fitness Class Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 am					Creative Movement (C) Michelle Ages 24m.-5
9:45 am			Flip Flops 'N' Fun (C) Melissa Ages 30 months-5		
6:00 pm	Flip Flops 'N' Games (C) Rachel Ages 5-12	Pee Wee Sports (C) Julia Ages 3-7			

WEEKEND

TIME	SATURDAY
10:00 am	Arts & Crafts (156) Julia Ages 4-7
11:00 am	Creative Movement (C) Julia Ages 24m.-5

Location: (A) = Studio A, (B) = Studio B, (C) = Studio C, (G) = Gym, (156) = Room 156/2nd door

Uptown GO! Youth Group Fitness Class Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 am				Creative Movement (CR) Lisbeth Ages 24m.-5	

Location: (C) = Studio C, (CR) = Community Room

SPECIALIZED SUMMER SESSION: June 14 - August 8

Midtown GO! Youth Specialized Fitness Class Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:15 am	Yogafit Kids (C) Michelle Ages 3-7	Sports Academy (G) Kim Ages 5-8			
5:00 pm		Sports Academy (G) Kim Ages 5-8	Group Training for Youth (B) Yolanda Ages 9-13		
5:45 pm	Tap, Jazz & Ballet Tykes (156) TBA Ages 2-4		Tumbling Kids (C) Lisa Ages 3-5		
6:00 pm				Yogafit Kids (B) Michelle Ages 3-7	
6:30 pm	Tap, Jazz & Ballet (156) TBA Ages 4-8		Tumbling Masters (C) Lisa Ages 5-9		

WEEKEND

TIME	SATURDAY	SUNDAY
12:00 pm		Tap, Jazz and Ballet Tykes (C) Kamalar Ages 2-5

Location: (A) = Studio A, (B) = Studio B, (C) = Studio C, (156) = Room 156/2nd door, (G) = Gym

Schedule is subject to change based on attendance. Please check for schedule updates in the club or online.

GO! Youth and Family Fitness Coordinator (612) 215-4352