

# midtown pool schedule

June 14 - August 31

## lap pool schedule

### LANE SET-UP:

Lane 1: by west wall Lane 6: by stairs/ramp

### Key:

Area:	Description
<b>Lap*</b>	25 yd Lap Swim Lane. Circle swimming is encouraged at all times. It is required at limited lap swim times.
<b>Open</b>	Leisure & Recreational Swim
<b>Rope</b>	+Rope available upon request. Dependant on Guard availability.
<b>Aqua Fitness</b>	Aqua Fit Aerobics Class, open for adult members
<b>Masters</b>	<b>Adult Swim Team</b> <b>Adults</b>
<b>Program</b>	<b>Closed for classes</b> <b>Closed</b> Registration required

\* Lap lanes may be used for private lessons  
For program info see The Source Magazine or website:  
[www.ywcamps.org](http://www.ywcamps.org)

Monday and Wednesday						
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6
5:30a	*Lap					Open
6:30a	Lap		Aqua Power			
7:30a	*Lap					Open
8:30a	Lap		Aqua Depth Combo			
9:30a	Program		Lap		Open	
11:15a	Program	*Lap			Open	
12:00p	*Lap					Open
1:00p	Program	*Lap			Open	
2:00p	Program (Lessons)				Lap	
3:00p	*Lap					Open
5:00p	Program		Lap		Open	
6:00p	Program	Lap		Aqua Power		
7:00p	*Lap			Open (rope)		
9:00p	Lap until 10:45p				Open	

Tuesday and Thursday						
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6
5:30a	*Lap					Open
8:30a	Lap		55+ Aqua			
9:30a	Program		Lap		Open	
11:30a	Program	*Lap			Open	
12:00p	*Lap					Open
1:00p	Program	*Lap			Open	
2:00p	Program (Lessons)				Lap	
3:00p	*Lap					Open
4:00p	Program (Otters)			Lap		Open
5:30p	Program	Lap			Open	
6:00p	Program	Lap		Aqua Deep		
7:00p	*Lap					Open
7:30p	Masters				Lap	
8:30p	Lap until 10:45p				Open	

Friday						
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6
5:30a	*Lap					Open
6:30a	Lap		Aqua Power			
7:30a	*Lap					Open
8:30a	Lap		Aqua Depth Combo			
9:30a	Program Lessons			Lap		Open
10:00a	*Lap					Open
10:30a	Program Lessons			Lap		Open
11:30a	*Lap					Open
7:15p	*Lap			Open (rope)		
9:00p	Lap until 10:45p				Open	

Saturday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	
7:30a	*Lap					Open	
9:00a	Program		Lap		Open		
10:00a	Program	Lap		Aqua Depth Combo			
11:00a	Program (Lessons)			Lap			
12:30p	*Lap			Open (rope)			
7:00p	Lap until 8:45p				Open		

Sunday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	
7:30a	*Lap					Open	
9:00a	Masters			Lap			
10:30a	*Lap		Open (rope)				
11:00a	Lap		Aqua Depth Combo				
12:00p	*Lap					Open (rope)	
3:00p	Lap [Community Swim]		Open [Community Swim]				
6:00p	*Lap			Open (rope)			
8:00p	Lap until 8:45				Open		

# midtown pool schedule

June 14 - August 31

leisure pool open swimming hours

## Monday - Thursday

10:45 AM - 1:00 PM  
2:00 PM - 4:55 PM  
6:15 PM - 8:55 PM

## Friday

11:30 AM - 8:55 PM

## Saturday

11:00 AM - 7:55 PM

## Sunday

10:00 AM - 7:55 PM

leisure pool schedule

<b>Monday - Thursday</b>		<b>Activity Available</b>
9:30a-10:45a	Program	
10:45a-1:00p	Open	Fountains
1:00p-2:00p	Program	
2:00p - 4:55p	Open	*Slide
4:55p-6:15p	Program	
6:15p - 7:00p	Open	Open
7:00p - 8:55p	Open	*Slide

<b>Friday</b>		<b>Activity Available</b>
10:00a-11:30a	Program	
11:30a - 8:55p	Open	*Slide

<b>Sunday</b>		<b>Activity Available</b>
10:00a - 11:00a	Open	Fountains
11:00a - 3:00p	Open	*Slide
3:00p - 6:00p	Community Swim	*Slide
6:00p - 7:55p	Open	*Slide

<b>Saturday</b>		<b>Activity Available</b>
9:15a-11:00a	Program	
11:00a - 7:55p	Open	*Slide

**Key:**

<b>Area:</b>	<b>Description:</b>
Open	Leisure & Recreational Swim
Fountains	Leisure & Recreational Swim (Fountains available)
Slide	Rotation of fountains, slide, rope (as available), leisure
Program	Closed for classes, Registration required
Closed	Closed, not open for swimming

### Closings and Extended Swim Hours

Saturday, July 3	5:30 a.m. - 9:00 p.m.	Early Closing for Holiday
<b>Sunday, July 4</b>		<b>YWCA Closed</b>
Sunday, August 29	7:30 a.m.-6:00 p.m.	Early Closing for Staff Training
<b>Monday, August 30 - Monday, September 7</b>		<b>All Pools and Steamroom Closed for Annual Maintenance</b>
Tuesday, September 8		Pool Area Re-Opens under Fall Schedule