

**SUMMER A: June 28 - August 8    SUMMER B: August 9 - September 19**

Registration open. Specialized Programs are not included in your membership, require registration and are available for an additional cost.

**Downtown Specialized Programs**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00 pm	Boot Camp (ATR) Aldrin				
6:00 pm	Boot Camp (ATR) Tim		Boot Camp (ATR) Tim		

Location: (ATR) = Atrium

**Downtown TRX Classes**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:15 pm			Boot Camp (ATR) Tim		
5:00 pm		Body Blast (ATR) Brent			

Location: (ATR) = Lower Level Atrium

**Downtown Pilates Reformer Classes**

LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:00 pm			Essential (P) Peachie		
6:00 pm			Jumpboard (P) Peachie		

Location: (P) = Pilates Studio