

downtown pool schedule

june/july

Limited lifeguard hours listed below

lane 1: by offices	lane 5: by stairs
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monday/wednesday					
time	lane 1	lane 2	lane 3	lane 4	lane 5
5:30a	lap			open	
9:30a	lap	water aerobics 30 min shallow/30 min deep			
10:30a	lap			swim for change wed	
11:30a	lap			open	
1:30p	school group (starts 6/28)			lap	swim for change
2:30	lap			open	
5:00p	lap	water aerobics aqua power			
6:00p	masters			lap	
7:00p	lap until 8:45p			open	

friday					
time	lane 1	lane 2	lane 3	lane 4	lane 5
5:30a	lap			open	
11:00a	lap	water aerobics aqua depth combo			
5:30p	lap until 8:45p			open	

tuesday/thursday					
time	lane 1	lane 2	lane 3	lane 4	lane 5
5:30a	lap			open	
6:30a	masters			lap	
7:30a	lap			open	
9:30a	lap	water aerobics silversneakers splash			
10:30a	school group (starts 6/22)			lap	swim for change
2:30p	lap			open	
6:00p	lap	aqua cycle			
7:00p	lap until 8:45p			open	

saturday					
time	lane 1	lane 2	lane 3	lane 4	lane 5
7:30a	lap			open	
9:00a	water aerobics aqua shallow			lap	
10:00a	lap until 4:45p			open	

sunday					
time	lane 1	lane 2	lane 3	lane 4	lane 5
9:00a	lap			open	
12:00p	lap	water aerobics aqua depth combo			
1:00p	lap until 3:45p			open	

wading pool
10:30-11 am m, t, w, f dt child center has reserved the pool

key

area:	description	available for:
lap	lap swim lane	lap swim
open	open swim	all members
water aerobics	aerobics class	adult members
masters	adult swim team	adults
program	closed for class	closed

Lifeguarded Hours						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
9-12p	9-12p	9-12p	9-12p	9-12p	9-12p	11-2p
3:30-6:30p	4:30-7:30p	3:30-6:30p	4:30-7:30p			

schedule notes	
reduced/restricted lane space:	
<u>Lifeguard training RESTRICTED SPACE:</u>	
June 5th/6th, 12th/13th, 21st-24th, 30th	
July 18th-22nd	
<u>TI training RESTRICTED SPACE:</u>	
July 10th/11th	

